



# THE PORT OF YORK

18 MAY 2026 – 22 MAY 2026

*Offered daily: Coffee, Tea, Milk, Asst. Fruit, Asst. Dry Cereals,  
Salad Bar. Nutritional information available upon request.  
Calorie counts after each item. Noon meal is accompanied by  
a dessert.*

## WEDNESDAY

**POY CLOSED**

## MONDAY

**Breakfast:** Pancakes(220), Bacon & Sausage(100),  
Shredded Hashbrowns(129), Hard Boiled Eggs(55),  
Eggs to Order(300).

**Lunch:** Chicken Parmesan(370), Fettucine(210),  
Marinara Sauce(122), Zucchini(80), Garlic  
Bread(200)

**Soup:** Italian Wedding Soup(200)

## TUESDAY

**Breakfast:** Breakfast Sandwiches(350), Bacon &  
Sausage(100), Hash brown Patties(120), Hard  
Boiled Eggs(55), Eggs to Order(300).

**Lunch:** Tacos Al Pastor(160), Jerk Chicken  
Tacos(155), Spanish Rice(210), Refried Beans(190),  
Mexican Roasted Vegetables(80), Chips(150),  
Guacamole(50), Queso(100), Salsa(30).

**Soup:** Caldo de Queso(210)

## THURSDAY

**Breakfast:** Biscuits and Gravy(400), Bacon &  
Sausage(100), Shredded Hashbrowns(129)  
Hardboiled Eggs(55), Eggs to Order(300).

**Lunch:** Steak Diane(450), Baked Potatoes(300),  
Baked Potato Bar, Seared Asparagus(210),  
Grilled Chicken(300), Dinner Rolls(200).

**Soup:** Roasted Carrot & Cashew Soup(v)(211)

## FRIDAY

**Breakfast:** Breakfast Burritos(330), Bacon &  
Sausage(100), Home Fries(129), Hardboiled  
Eggs(55), Eggs to Order(300).

**Lunch:** Lobster Rolls(360), Potato Salad(250),  
Corn on the Cob(140), Chicken Salad(350).

**Soup:** Buridda (Italian Seafood Soup)(230)

**Meal Times: Breakfast 0645-0745. Lunch: 1100-1245**

**(1100 TCY & Contract Instructors, 1130 Non-TCY CG E7 and above, 1200 Military Retirees)**

The Food Service Officer is authorized to make changes to this menu, when due to unusual or unforeseen circumstances, it may be necessary to provide solutions for food items not in stock to permit the timely use of perishable foods. Forrest Rednour is open to DoD, OGA, Local partners & contractors.

Prepared by: CSC N.J. Anderson

Reviewed by: CSCM A.B. Rivers

Approved by: LCDR B.S. Hanover