

# Port of York

	<b>Breakfast</b> 0700-0800	Cal	<b>Lunch</b> 1115-1300	Cal
<b>Monday</b> 03DEC18	<b>Fresh Fruit</b> <b>Cream of Wheat</b> <b>Eggs to Order</b> <b>Hard Boiled Eggs</b> <b>Bacon and Sausage</b> <b>Home Fries</b> <b>Waffles w/Syrup</b> <b>Corned Beef Hash</b>	<b>94</b> <b>104</b> <b>300</b> <b>70</b> <b>180</b> <b>150</b> <b>125</b> <b>375</b>	<b>Carrot and Ginger Soup</b> <b>Reuben Sandwiches</b> <b>German Potato Salad</b> <b>Green Beans with Mushrooms</b> <b>Salad Bar</b> <b>Assorted Desserts</b>	<b>130</b> <b>532</b> <b>144</b> <b>170</b> <b>Vary</b> <b>Vary</b>
<b>Tuesday</b> 04DEC18	<b>Fresh Fruit</b> <b>Oatmeal w/ Choice of Toppings</b> <b>Eggs to Order</b> <b>Hard Boiled Eggs</b> <b>Bacon and Sausage</b> <b>Home Fries</b> <b>Quiche</b> <b>French Toast w/ Fresh Berries</b>	<b>94</b> <b>189</b> <b>300</b> <b>70</b> <b>180</b> <b>150</b> <b>192</b> <b>147</b>	<b>Cheddar Ale Soup</b> <b>Durroc Pork Chops Stuffed with</b> <b>Fontina and Sage</b> <b>Hubbard Squash</b> <b>Brussels Sprouts</b> <b>Salad Bar</b> <b>Assorted Desserts</b>	<b>345</b> <b>660</b>  <b>220</b> <b>135</b> <b>Vary</b> <b>Vary</b>
<b>Wednesday</b> 05DEC18	<b>Fresh Fruit</b> <b>Grits</b> <b>Eggs to Order</b> <b>Hard Boiled Eggs</b> <b>Bacon and Sausage</b> <b>Home Fries</b> <b>Pancakes w/Syrup</b> <b>Breakfast Sandwiches</b>	<b>94</b> <b>142</b> <b>300</b> <b>70</b> <b>180</b> <b>150</b> <b>126</b> <b>250</b>	<b>Minestrone Soup</b> <b>Lasagna</b> <b>Sautéed Broccolini</b> <b>Anti Pasta</b> <b>Salad Bar</b> <b>Assorted Desserts</b>	<b>140</b> <b>755</b> <b>172</b> <b>Vary</b> <b>Vary</b> <b>Vary</b>
<b>Thursday</b> 06DEC18	<b>Fresh Fruit</b> <b>Cream of Wheat</b> <b>Eggs to Order</b> <b>Hard Boiled Eggs</b> <b>Bacon and Sausage</b> <b>Home Fries</b> <b>Biscuits and Sausage Gravy</b>	<b>94</b> <b>104</b> <b>300</b> <b>70</b> <b>180</b> <b>150</b> <b>310</b>	<b>Bouillabaisse Soup</b> <b>Grilled T-Bone Steaks</b> <b>Roasted Pebble Potatoes</b> <b>Roasted Root Vegetables</b> <b>Ciabatta</b> <b>Salad Bar</b> <b>Assorted Desserts</b>	<b>235</b> <b>600</b> <b>420</b> <b>210</b> <b>95</b> <b>100</b> <b>Vary</b> <b>Vary</b>
<b>Friday</b> 07DEC18	<b>Fresh Fruit</b> <b>Oatmeal w/Choice of Toppings</b> <b>Eggs to Order</b> <b>Hard Boiled Eggs</b> <b>Bacon and Sausage</b> <b>Home Fries</b> <b>French Toast w/Fresh Berries</b> <b>Breakfast Burritos</b>	<b>94</b> <b>189</b> <b>300</b> <b>70</b> <b>180</b> <b>150</b> <b>210</b> <b>375</b>	<b>Manhattan Clam Chowder</b> <b>Fresh Seasonal Fish</b> <b>White Rice</b> <b>Summer Squash</b> <b>Fresh Baked Bread</b> <b>Salad Bar</b> <b>Assorted Desserts</b>	<b>210</b> <b>280</b> <b>185</b> <b>110</b> <b>120</b> <b>Vary</b> <b>Vary</b>

Prepared By:  CSC B.L. Wildman	Reviewed By:  CSCS M.R. Simolon	Approved By:  CDR C.A. Passic
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The Food Service Officer is authorized to make changes to this menu when, due to unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods.