

Port of York

	Breakfast 0645-0745	Cal	Lunch 1100-1245	Cal
Monday 03OCT22	Fresh Fruit Eggs to Order Hard Boiled Eggs Bacon and Sausage Home Fries Pancakes w/Syrup	94 300 70 180 150 192	Pho Soup Chicken Banh Mi Sandwich Vietnamese noodle Salad Baby Bok Choy Fresh Fruit Salad Salad Bar Assorted Desserts	175 410 120 90 100 Vary Vary Vary Vary
Tuesday 04OCT22	Fresh Fruit Eggs to Order Hard Boiled Eggs Bacon and Sausage Home Fries French Toast w/Syrup	94 300 70 180 150 192	Southwest Chicken Soup Spicy Beef Barbacoa Taco Refried Beans Spanish Rice Sautéed Vegetable Medley Chips, Salsa, and Queso Fresh Guacamole Salad Bar Assorted Desserts	210 374 175 190 95 Vary Vary Vary Vary
Wednesday 05OCT22	Fresh Fruit Eggs to Order Hard Boiled Eggs Bacon and Sausage Home Fries Breakfast Sandwiches	94 300 70 180 150 250	Broccoli and Cheddar Soup Sautéed Pierogis w/ Kielbasa, Onions and Peppers Roasted Brussels Sprouts Fresh Rolls Salad Bar Assorted Desserts	249 225 215 190 175 Vary Vary
Thursday 06OCT22	Fresh Fruit Eggs to Order Hard Boiled Eggs Bacon and Sausage Home Fries Biscuits and Sausage Gravy	94 300 70 180 150 310	Tomato and Red Pepper Bisque Grilled Sirloin Steaks W/ Red Wine Demi Glace Creamy Polenta Sautéed Green Beans Fresh Baked Bread Salad Bar Assorted Desserts	275 389 90 245 110 190 Vary Vary
Friday 07OCT22	Fresh Fruit Eggs to Order Hard Boiled Eggs Bacon and Sausage Home Fries Breakfast Burritos	94 300 70 180 150 192	Creole Chicken Gumbo Soup Blackened Salmon Cajun Dirty Rice Pilaf Red Pepper and Corn Succotash Salad Bar Assorted Desserts	225 300 280 175 Vary Vary

Prepared By: CSC S.M. Springer	Reviewed By: CSCM M.R. Simolon	Approved By: CDR M.L. Nossett
---------------------------------------	---------------------------------------	--------------------------------------

The Food Service Officer is authorized to make changes to this menu when, due to unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods.