

Forrest Rednour Hall

For the Week Of: 26-Feb to 3-Mar

W9	Breakfast 0630-0730	Calories	Lunch 1100-1230	Calories	Dinner 1645-1800	Calories
M O N D A Y	Assorted Beverages		Yukgaejang (Spicy Beef Noodle Soup)		Chicken Noodle Soup	100
	Cheddar Cheese Grits	105	Korean Beef Bulgogi		Roasted Rosemary Apple Cider Chicken	150
	Hashbrowns	150	Shredded Carrots, Spicy Pickled Cucumbers, Kimchi	175	w/ Roasted Apples	125
	Bacon and Sausage Links	90/180	Sliced Green Onions, Butterhead Lettuce	395	Rice Pilaf	220
	Assorted Fruit	120	Grilled Mini Bok Choy		Sauteed Green Beans	130
	Hard Boiled Eggs	200	Steamed White Rice		Hot Dinner Rolls	120
	Scrambled Eggs/ Eggs to Order	200	Assorted Beverages and Desserts	145	Assorted Beverages and Desserts	Varies
T U E S D A Y	Blueberry Pancakes	240	Salad Bar	200	Salad Bar	Varies
	Assorted Breads and Pastries	Varies		Varies		
				195		
	Assorted Beverages		Pozole Stew		Zuppa Toscana	95
	Brown Sugar Oatmeal	150	Beef and Cheese Quesadillas	199	Chicken Parmesan	400
	Shredded Hashbrowns	150	Cilantro Lime Rice	300	Linguini W/ Marinara	150
	Bacon and Sausage Patties	90/140	Spicy Black Beans	230	Lemon Garlic Cauliflower	175
W E D N E S D A Y	Assorted Fruit	120	Calbacas Con Queso	100	Garlic Bread Sticks	75
	Hard Boiled Eggs	200	Fresh Tortilla Chips with Salsa and Guac	180	Assorted Beverages and Desserts	Varies
	Scrambled Eggs/ Eggs to Order	200	Assorted Beverages and Desserts	80	Salad Bar	Varies
	French Toast	260	Salad Bar	Varies		
	Assorted Breads and Pastries	Varies		Varies		
				Varies		
				Varies		
T H U R S D A Y	Assorted Beverages		Crab and Corn Chowder		Split Pea Soup	150
	Hot Grits	145	Classic Big Mac Copy Cat Cheeseburger	395	Chicken Cordon Bleu	300
	Hashbrown Patties	150	Big Mac Sauce, Lettuce, Tomatoes, Pickle and Red Onion	400	Mashed Potatoes	200
	Bacon and Sausage Links	90/180	Crispy French Fries and Chicken Nuggets	200	Peas and Pearl Onions	75
	Assorted Fruit	120	Roasted Broccoli	275	Hot Dinner Rolls	140
	Hard Boiled Eggs	200	Assorted Beverages and Desserts	145	Assorted Beverages and Desserts	Varies
	Scrambled Eggs/ Eggs to Order	200	Salad Bar	220	Salad Bar	Varies
F R I D A Y	Belgian Waffles w/ Syrup	245		Varies		
	Assorted Breads and Pastries	Varies		Varies		
	Assorted Beverages		Creamy Wild Mushroom Soup	225	Chicken and Rice Soup	185
	Apple Cinnamon Oatmeal	105	Grilled New York Strip Steak	255	Smoked Baby Back Ribs	225
	Loaded Hashbrowns	150	Steak Bar, Grilled Onions, Sauté Mushrooms	75	Grilled BBQ Chicken Thighs Bone In	200
	Bacon and Sausage Patties	90/216	& Garlic Truffle Compound Butter	215	Macaroni and Cheese	170
S A T U R D A Y	Assorted Fruit	120	Papas Bravas	165	Baked Beans	200
	Hard Boiled Eggs	200	Honey Glazed Tri Colored Carrots	175	Assorted Beverages and Desserts	Varies
	Scrambled Eggs/ Eggs to Order	200	Dinner Rolls	Varies	Salad Bar	Varies
	Biscuits and Gravy	245	Assorted Beverages and Desserts	Varies		
	Assorted Breads and Pastries	Varies	Salad Bar			
F R I D A Y	Assorted Beverages		Smoked Trout Chowder	175	Lentil & Andouille Soup	175
	Cheddar Cheese Grits	150	Lemon Chili White Fish w/ Chickpeas	385	Shrimp Po Boy	385
	O'Brien Potatoes	150	Garlic Butter Rice		Chicken Po Boy	
	Bacon and Maple Sausage Links	90/180	Roasted Asparagus	270	W/ Lettuce, Tomato, Onion, and Remoulade	270
	Assorted Fruit	120	Cocktail Shrimp Cold Bar	120	Macaroni Salad	120
	Hard Boiled Eggs	200	Garlic Herb Focaccia	Varies	Oven Roasted Cajun Cauliflower	Varies
	Scrambled Eggs/ Eggs to Order	200	Assorted Beverages and Desserts	Varies	Assorted Beverages and Desserts	Varies
S A T U R D A Y	Breakfast Sandwiches	265	Salad Bar		Salad Bar	
	Assorted Breads and Pastries	Varies	Speed Line	90/180		
		325	Korean Sloppy Joes	200		
			Seasoned French Fries	150		
S A T U R D A Y	Breakfast 0830-1000		Brunch 1100-1230 Saturday		Soup of the Day	
	Assorted Beverages	142	Soup of the Day	100/250	French Onion Roasted Pork Chop	100/250
	Oatmeal w/ Assorted Topping Bar	150	Buffalo Chicken Wraps	335	French Onion Roasted Bone In Chicken Thighs	320
	Home Fries	90/120	Potato Salad	190	Roasted Fingerling Potatoes	190
	Bacon or Sausage Patties	120	Cali Blend	75	Steamed Butter Corn	140
	Assorted Fruit	200	Assorted Beverages and Desserts	Varies	Assorted Beverages and Desserts	120
	Hard Boiled Eggs	200	Salad Bar	Varies	Salad Bar	Varies
S U N D A Y	Scrambled Eggs/ Eggs to Order	318				
	Pancakes w/ Syrup	240	Bacon or Sliced Ham	90/180		
	Assorted Breads and Pastries	254	Scrambled or Hard Boiled Eggs	200		
		Varies	Home Fries	150		
S U N D A Y	Breakfast 0830-1000		Brunch 1100-1230		Soup of the Day	100-250
	Assorted Beverages	150	Soup of the Day	100/250	Chili Colorado	455
	Hot Grits	150	Beer Brats and Chicken Sausages on a Roll	420	Spanish Red Rice	220
	Hashbrowns	90/180	w/ Grilled Onions and Peppers	290	Mexican Street Corn Casserole	155
	Bacon or Sausage Links	120	Crispy French Fries	90	Corn Bread	Varies
	Assorted Fruit	200	Mixed Veggies	Varies	Assorted Beverages and Desserts	Varies
	Hard Boiled Eggs	200	Assorted Beverages and Desserts	Varies	Salad Bar	
S U N D A Y	Scrambled Eggs/ Eggs to Order	260	Salad Bar			
	French Toast Bake	142	Bacon or Sausage Patties	90/180		
	Assorted Breads and Pastries	245	Scrambled or Hard Boiled Eggs	200		
		Varies	Home Fries	150		

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods.

Submitted By:	Reviewed By:	Approved By:
CSC A.R. Hernandez Dining Facility Supervisor	CSCM M.R. Simolon Food Service Officer	CDR C.J. Bare Chief Comptroller & Personnel Division