



# ASIST

*Applied Suicide Intervention Skills Training*

Over the course of their 2 day training,  ASIST participants will learn to:

Notice and respond to situations where suicide thoughts might be present



Identify an at-risk person and make a plan to help



Move beyond the common tendency to miss, dismiss, and avoid suicide



Apply a suicide intervention model



Know community resources and how to connect someone with thoughts of suicide to them for further help



Participants will receive a Certificate of completion



*LivingWorks is a company specializing in suicide intervention trainings.*



Suicide is preventable;  
**ANYONE** can make  
a difference.



## TRAINING OPPORTUNITY AT TRACEN PETALUMA

DATE: Oct 23-24, 2024

TIME: 0800-1530

PLACE: Lighthouse Chapel

UNIFORM: Business Casual

*\*This workshop is FREE.*



LEARN THE SKILLS.  
**HELP SAVE A LIFE.**

Use this QR code to RSVP.



RSVP by E-mail to: [Kimberlee.j.sullivan@uscg.mil](mailto:Kimberlee.j.sullivan@uscg.mil) or call 707-765-7330