# Command Consultations

### Service member or employee in distress? We're here for you, with Command Consultations

Military and civilian managers play a vital role in the early identification of service members and civilians who may be struggling with personal stress that show up in the workplace. Our consultation services help commanders and managers provide support to their members and employees by referring them to our services if they are struggling with:

**Productivity** 

### **Operational Performance/Readiness**

**Behaviors in the workplace** 

#### **Supervisor interactions**

**Workplace communication** 

Teamwork

Military and civilian managers may confidentially contact the CG SUPRT Management Consultant as often as needed to help you strategize to find the best, most effective way to support Coast Guard employees.

(855) CG SUPRT (247-8778) TOLL-FREE | 24/7 ACCESS **INTERNATIONAL: COUNTRY EXIT CODE + 855-247-8778** 

You can also confidentially request assistance at: www.CGSUPRT.com.

## Solutions • Understanding • Prevention • Resilience • Trust 855-CG SUPRT (247-8778) www.cgsuprt.com