

TRAINING CENTER CAPE MAY



COAST GUARD  
TRAINING CENTER  
CAPE MAY, NEW JERSEY



**BASE TELEPHONE DIRECTORY**

**"DO NOT DISCUSS CLASSIFIED INFORMATION ON NONSECURE TELEPHONES. OFFICIAL GOVERNMENT TELEPHONES ARE SUBJECT TO MONITORING FOR COMMUNICATIONS SECURITY PURPOSES AT ALL TIMES.** *Government telephones are provided for the transmission of Official Government Information and are subject to communications security monitoring at all times. Use of Official telephones constitutes consent to COMSEC telephone monitoring.*

## PRIVACY ACT OF 1974

The Federal Privacy Act of 1974, with certain exemptions, prohibits the disclosure of personal information about an individual from Coast Guard records. The home address, home telephone number or spouse's name is such protected information. Any requests for this information, from other than DOT employees in the performance of official duties, shall be immediately referred to the Training Center Legal Office without taking any action on the request. Violations of these requirements may result in disciplinary action being taken by the Coast Guard and civilian criminal action involving a fine of not more than \$5,000.00. The listings in this directory concerning Coast Guard Military Personnel shall be used FOR OFFICIAL USE ONLY.

You MAY Reveal:

1. Name
2. Rank or Rate
3. Date of Rank or Rate
4. Pay and Allowances (Base Pay
5. Present/Past Duty Stations
6. Duty Station Address
7. Office Phone Number
8. Source of Commission
9. Professional Education Level
10. Promotion Sequence Number

You MAY NOT Reveal:

1. Home Address
2. Home Phone Number
3. Number of Dependents
4. Withholdings
5. Social Security Number
6. Name of Spouse/Dependents
7. Allotments
8. Other Personal Information

### Concerning Coast Guard Civilian Personnel

1. Name
2. Grade
3. Office Address
4. Office Phone Number
5. Salary (Base Pay)
6. Position Titles (present and past)
7. Professional Education Level

1. Home Address and Home Phone Number
2. Number of Dependents
3. Withholdings
4. Social Security Number
5. Name of Spouse/Dependents
6. Allotments
7. Other Personal Information

TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY
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All Numbers are (609) 898-xxxx

**Command Staff (c)**

<p><b>Commanding Officer (c)</b> 6901 O. L. Gibbons, CAPT</p> <p><b>Executive Officer</b> 6901 B. Krautler, CDR</p> <p>CO/XO's Secretary 6901 T. Walker, Ms. FAX 6805</p> <p>Command Master Chief 6923 D. Pace, CSCM</p> <p><b>Public Affairs Officer (pa)</b> 6362 CWO J. Edwards</p> <p><b>Command Chaplains (ch)</b></p> <p>Catholic Chaplain 6239 Brown, CDR, USN</p> <p>Protestant Chaplain 6240 Whitfield, LT, USN</p> <p>Chapel Yeoman 6974</p>	<p><b>Legal Officer (cl)</b> 6902 A. Grant, LCDR</p> <p>Legal Yeoman 6902 YN1 O. Rusalova</p> <p><b>Equal Opportunity Advisor (eoa)</b> 6919 EMC Carl Louis</p> <p><b>Equal Employment Specialist (ees)</b> 6798 Ms. Sadoris</p> <p>Base Planner 6776 R. Agostini</p>
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TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY

***Mission Support Division (ms)***

**Division Chief (s)**            6300  
R. Millspaugh, CDR

**Mutual Assistance/Decedent Affairs**

J. Cuomo, CWO2            6909

**Civilian Human Resource Liaison**

Tangree, Kim            6335

***Servicing Personnel Branch (sp)***

Branch Chief/Transportation Officer  
J. Cuomo, CWO2            6909

***Administration Section (spa)***

R. Depascale YNC            6226

**ID Card Section**            6337

Appointments: Mon 1300-1530,  
Thurs 0800-1530 & 1300-1530,  
Fri 0930-1130

*Recruits: Mon 0730-1130,*

*Tues-Wed 0730-1200,*

*Fri 0730-0930*

Fax            6530

***Servicing Personnel***

***Office Section (spo)***

Section Chief            6228  
K. Dean, YNCS

Supervisor/Auditor            6439

**Yeoman Extensions**            6241

6828

6440

6441

Fax:            6850

***Transportation Section (spt)***

HHG Shipments & GTRs

C. Shustack, Mr.            6330

F. Garcia, Mr.            6931

Fax:            6530

**ADTRAV**

Peggy            6317

855-576-4782

After Hours            855-576-4781

***Educational Services Section (eso)***

Educational Services Officer

Mr. H. Mack            6724

***Housing/Security Branch (sh)***

6918

Branch Chief            6219/6315

P. Zalesny, Mr.

Housing Yeoman            6917

6363

6355

6354

***UPH Section (shb)***

Barracks            6220

SPO (after hours)            6224

Supervisor            6975

***Security Section (ss)***

Command Security  
Officer (CSO)            6437

Chief of Police            6244

Davis, MEC

Security Office            6915

Officer of the Day            609-780-1346  
(OOD)

Contract Security            6856

Supervisor

Alutiiq LLC

K. McLaughlin, Mr.

Main Gate            6225

**TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY**

***Comptroller Branch (sf)***

Comptroller 6927  
R. Omenhiser, LCDR

Deputy Comptroller 6307  
K. Hurst, Mr.

***Accounting Section (sfa)***

Budget Analyst/ 6304  
Collection Clerk  
J. Schultz, Mrs.

Accounting Clerks 6826  
6928

***Property and Logistics (sfk)***

Property Clerk 6936  
Shipping and Receiving 6936  
R. Hoff, Mr.

Mailroom 6218  
Brian Benson

***Purchasing Section (sfp)***

Supervisor 6452  
Ortiz, SKCM  
Contract Specialist

S. Green, Ms. 6342

Purchasing Agent 6312

Storekeepers: 6308  
6874  
6334

***Child Development Center (sfc)***

Director 6921/6920  
M. Eppes Ms.

***Galley Section (sfg)***

COTR 6934  
S. Manfre, CSCS

Quality Assurance 6235  
CS1 Lamm

Recruit Mess Deck 6350

**Food Service Contractor**

Office 609-898-2138

Kitchen 609-898-2137

***Morale, Well-Being and Recreation (MWR) Section (sfm)***

Director 6804  
Tony Buero

General Inquiries 6922

Account Technician 6221

FAX 6884

**Lucky Bag Locker 6227**

Active Duty Sales:

Thursday 1000 – 1300

Reservists and Auxiliary Sales:

Thursday 1200 - 1300 & 2<sup>nd</sup> & 4<sup>th</sup>

Friday of every month 0900 - 1100

**Community Clubs**

K. Tomlin 6396

Oceanside 6935

Harborview 6937

Harborview Bar 6359/6397

Club Manager 6320

Chief Petty Officers' Club 6250

TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY

***Facilities Engineering Division  
(fe)***

***Division Chief (e)***           6400  
J. Biggar, CDR

Administrative Assistant   6945  
A. Trafford, Mrs.

24-Hr Work order Desk   6945  
6946

FE Conference Room       6388

***Engineering Branch (ee)***

Branch Chief               6404  
K. Shilling, Ms.

A. Bratman, LT             6406

**Branch Staff**

S. McKaig, Mr.             6408

R. Caruso, Mr.             6402

P. Citakovic, Mr.         6820

E. Garcia, E. Mr.         6316

J. Sansone, Ms.           6405

Planner/Estimator       6941  
Hatch, J. Mr.

Supply Coordinator       6955  
B. Geib, Mr.

***Construction Section (eec)***

Boone, S. Mr.             6943

J. Schafer Mr.           6383

***Environmental Protection***

***& Safety Section (eme)***

C. J. Hajduk, Mr.         6889

B. Chmiel, MST1         6232

**EOW                           609-790-1788**

***Maintenance Branch (em)***

Branch Chief               6401

T. Robison, LT

MEO Administrator       6411

L. Antonucci, CWO

General Foreman         6949

F. Gibson, Mr.

Fax                           609-898-6947

**Quality Assurance**

R. Demosiuk, DCC         6409

F. Johnson, DC1         6442

Team-A Maintenance     6948

Barr, John                 6912

Motor Pool/Garage       6951

J. Adams

Team-B Maintenance     6948

6913

Fast Team                 6491

G. Garriot, Mr.

**DSC Inc. (Housing Maintenance)**

COTR                       6355

D. Quinley, Mr.

Hsg Maint. Shop         609-884-2277

609-884-3846

***Fire Department (efh)***

Fire Chief                 6950

J. Trainor, Mr.

**Emergency                 911**

Non-emergency         6950

**TRACEN and CG Housing**

FE Office Fax             609-898-6331

FE Shop Fax             609-898-6217

FE Supplies Fax         609-898-6255

FE Garage Fax           609-898-6837

TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY

***Training Division(t)***

**Division Chief (t)**            6527  
R. Scott, CDR

Administrative  
Assistant                        6521  
E. White Mr.

***Instructional Systems Branch (ti)***

Branch Chief                    6377  
K. Higgins, LT  
Section Chief

Systems Officer                6245  
M. Smith, Mr.

B. Schumann, LT              6819

ISB Office                        6517

***Physical Education Section/***

**Gym (tig)**                        6973/6516

Section Chief                    6487  
D. Warner, ASTC

***Design Section (tid)***            6528

G. Nieminen, Mr.              6249

S. Whitehead, Mr.              6477

***Evaluation Section***

Data Specialist                 6815  
D. Wessel, Mr.

***Practical Instruction Section (tip)***

Section Chief                    6904  
P. Haney, CWO

Assistant  
BMC                                6509

Seamanship Instructors      6550/6446

Fire School Instructors      6526 Goff Hall

Fax                                 6322

***Recruiter School Section (tir)***

Section Chief                    6361

F. Clay, OSC

Instructor                        6505

***Marksmanship Section (tim)***

Section Chief                    6233

Hernandez, GMC

Armory (Geoff Hall)          6508

6507

6903

***Learning Resource Center***

W. Evelyn, Mrs.                6360

***Military Indoctrination Branch (tm)***

Regimental Officer            6968

C. Young, LCDR

Battalion Officer              6715

M. Navetta, LTJG

T. Dougherty, Mr.              6539

***Recruit Personnel Section (tmh)***

Section Chief                    6941

D. Nelson, YNCS

Recruit PERSRU                6718

Auditors                         6799

6948

Company Yeomen              6570

6569

6665

6410

6571

6501

6568

6257

6284

6511

TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY
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**Battalion Commander** MCPOCG Hall

C. Wadley, BMCM 6543

**Section Commanders**

Healy Hall 6537

James Hall 6270

Munro Hall 6778

Sexton Hall 6533

Special Training 6538

Company

**Training Duty Officer** 609-374-4388

**Company Commander School** Munro Hall

6589

**Sexton Hall**

T. Dougherty, Mr. 6539

**Direct Entry (tmr)** Munro Hall

**Petty Officer Training (DEPOT)** 6970

**Ceremonial Section (tmc)** James Hall

Bandmaster

E. Burke, MU1 6599

Drillmaster 6765

Seaman 6553

Sexton Hall Staff 6971/6504

Sexton Hall Classroom 6311

Discharge Hold (DHE) 6971

Regimental Hold (RHE) 6792

Regiment Fax 6876

**Recruit Barracks Quarterdeck Extensions**

Healy Hall MD 6701

Healy Hall 01 6702

Healy Hall 02 6703

James Hall MD 6547

James Hall 01 6541

James Hall 02 6535

Munro Hall MD N/A

Munro Hall 01 6503

Munro Hall 02 N/A

Sexton Hall MD 6971

**Master Chief Petty Officer Hall Classrooms**

MCPO Smith Room 6279

MCPO Calhoun Room 6301



TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY

**HSWL(k)**

**Division Chief (k)**            6567  
A. Vantran, CAPT

***Administrative Branch (ka)***

**Branch Chief**            6860

**Division Yeoman**        6861

**Assistant Clinical  
Administrator**        6277

**Medical Billing &  
Patient Affairs**

S. Schanz, Ms.            6966

6965

Fax                            6962

**Recruit Records**        6210  
6069

***Dental Branch (kd)***

**Branch Chief**            6603

**Supervisor**            6288/6044

**Appointments/  
Front Desk**

6960

R. Sautori, Ms.

***Medical Branch (km)***

**Chief**                      6247

**Deputy Chief**            6384

**Front Desk**                            6610

**Front Desk (Outpatient)**            6611

**APO (Medical)**                        **609-780-1792**

**Appointments**                        6366

**Athletic Trainers**                    6892

**Biomedical Repair  
Technicians**            6433/6059

**Medical Information Systems**    6933

**Eye Clinic**  
K. McCabe                            6607

**Inpatient Ward**                        6964

**Laboratory**                            6608/6285

P. Ruban, MT

Mon, Tues, Thurs, Fri 0700-1130 and 1300-1430,  
Wed - closed for recruit processing.

**CPOs**                                    6431/6868

**Medical Boards**                        6867

**Physical Exams**                        6286

**Physical Therapy**                    6863/6027  
J. Standish, CAPT                    6864

**Preventive Medicine**                6261

**Quality Assurance/  
Training CPO**                            6368

**Supply**                                    6956/6866

**Urgent Care**                            6291

**Radiology**                                6982

***Pharmacy Section (kp)***

**Pharmacy Assistant**                6863/6027

**Pharmacy hours:** Monday through Friday: 0700-1130 and 1300 through 1530. Tuesday – closed from 1300 until 1530 for training. **The CALL-IN Refill System is mandatory for requesting refills on prescriptions originally filed. Dial 898-6748 24 hours a day, 7 days a week. The medications will be ready after 0900 the next business day after the call.**

**TENANT COMMANDS**

All Numbers are (609) 898-xxxx, unless otherwise listed.

**AIDS TO NAVIGATION TEAM 6987**

Officer in Charge  
 BMCS C. Beahr 6427

Executive Petty Officer  
 BM1 Greg Bruzik 6830

FAX 6818

**COAST GUARD EXCHANGE SYSTEM (CGX) 6940**

Manager 609-898-6940  
 K. Carroll, Mr.

FAX 609-898-6846

**CG INVESTIGATIVE SERVICES (CGIS) 6999**

FAX 6358

**ELECTRONIC SUPPORT DETACHMENT CAPE MAY (ESD)**

Supervisor 6983

Asst Supervisor 6738

**ET Shop** 6737  
 After hours 609-780-4549

**IT Shop** 6336  
 After hours 609-780-3486

<p><b>Centralized Service Desk:                  Computer/Telephone Hotline 6209</b></p>
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**INDUSTRIAL PRODUCTION DETACHMENT (IPD)**

ISD Supervisor 609-898-6726  
 Don Austin

Supply Tech 609-898-6727

ISD Shop 609-898-6984/6831  
 FAX 609-898-6823

**MAT FRC Cape May 6252**  
 ENG2 David Hayes

**STATION CAPE MAY**

Commanding Officer 6995/6996  
 LT. Jason Harczak

Executive Petty Officer 6752  
 BMC Mark Andel

Commercial Number 609-884-1700  
 609-884-1708

**UNIFORM DISTRIBUTION CENTER (UDC)**

**Cape May** 609-898-6744/46  
 Supervisor 609-898-6796  
 R. Rusko, CWO2

**Over the Counter Sales (Cape May):**  
*Recruits Only as of 3/1/2018*

**UDC Woodbine**  
 414 Madison Avenue, Woodbine, NJ 08260  
 Supervisor 609-861-7900  
 Mr. Chris Moulton

**Over the Counter Sales (Woodbine):**  
 Mon-Thurs 0800-1500, Friday 0800-1400

**Phone Sales:**  
 Mon-Thurs 0800-1530; Fri 0800-1430  
 Toll Free Uniform Order 800-874-6841  
 Order line (609) 861-1221 Fax: (609) 861-7930

**TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY**

**USCGC IBIS** (WPB-87338) **6870**  
 Officer in Charge  
 BMCS J. Brennan 6378  
 Executive Petty Officer 6450  
 C. McDonough, BM1  
 EPO D. Moyer, MKC 6403

**USCGC ROLLIN-FRITCH** (WPC-1119) **6991**  
 Commanding Officer 305-363-9399  
 LT B. Fifer  
 Executive Officer 305-363-9411  
 Grills, K. LTJG  
 OOD Cell 215-776-5665  
 Underway (Sat Phone) 609-257-4304

**USCGC LAWRENCE LAWSON** (WPC-1120) **6800**  
 Commanding Officer 6990  
 LT T. Cetrulo 267-606-3381  
 Executive Officer 267- 606-3714  
 Coull, S. LTjg  
 Duty Cell 267-606-3512

**USCGC SHEARWATER** (WPB-87349) **6972**  
 Officer in Charge  
 BMCS E. Brown 6370  
 Executive Petty Officer  
 R. Brodhead, BM1 6772  
 EPO N. Foster, MKC 6422

**USCGC CROCODILE** (WPB-87369) **6993**  
 Officer in Charge 6272  
 BMCS D. Sunday 609-780-0396  
 Executive Petty Officer 6208  
 BM1 N. Gera 609-780-5476  
 Cutter OOD 609-224-7685

**Visiting Ships**  
 Pier Four Only 6994

**Vessel Boat & Safety Team (VBST)**  
 Emery, M. MECS 6482

**VA CLINIC**  
 Main Desk (800) 461-8262 Ext 2851/53

**WORK LIFE STAFF (wl) 6882**  
 Family Advocacy Specialist 6925  
 Ms. Charlene DiPeri  
 Sexual Assault Response Coordinator 6451  
 Ms. Shari Freeman  
 Family Resource Specialist 6885  
 Ombudsman Coordinator  
 Ms. Timika Connor  
 Employee Assistance (EAP) Coordinator 6731  
 Vacant  
 Child Development Services Specialist 6384  
 Ms. Valanda Weston  
 Financial Management (Vacant)  
 Substance Abuse Prevention Specialist 6924  
 Substance Abuse Prevention  
 Support Line: (757) 628-4329

## **OTHER AREA COMMANDS**

### **AIR STATION ATLANTIC CITY**

International Airport, NJ 08405-0001

Capt. Eric Gleason, Commanding Officer

Executive Officer 609-677-2004

Command Assistant 609-677-2002

### **SECTOR FIELD OFFICE ATLANTIC CITY**

Supervisor, 609-677-2183

Bldg. 351, FAA Tech Center

International Airport, NJ 08405-0001

### **STATION ATLANTIC CITY**

Commanding Officer 609-344-6595

Executive Petty Officer 609-344-6594

900 Beach Thorofare

Atlantic City, NJ 08401

**IN CASE OF BOMB THREAT**

Date: \_\_\_ / \_\_\_ / \_\_\_ Time: \_\_\_\_\_ Length of call: \_\_\_\_\_

Number at which call is received: \_\_\_\_\_ Double or single ring? \_\_\_\_\_

Gender of caller: \_\_\_\_\_ Race: \_\_\_\_\_ Age: \_\_\_\_\_

***Remain calm, be courteous, listen. Do not interrupt the caller. Attempt to keep the caller on the line for as long as possible. If possible get the attention of a supervisor or co-worker by hand signal or written note. Report the call as soon as possible to the OOD at 609-780-1346.***

***Questions to ask:***

- |                                       |                                   |
|---------------------------------------|-----------------------------------|
| 1. When is the bomb going to explode? | 5. What will cause it to explode? |
| 2. Where is it right now?             | 6. Did you place the bomb?        |
| 3. What does it look like?            | 7. Why?                           |
| 4. What kind of bomb is it?           | 8. What is your name?             |

***Exact wording of threat***

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***Caller's Voice:***

- |                                     |  |                                    |
|-------------------------------------|--|------------------------------------|
| <input type="checkbox"/> Calm       | <input type="checkbox"/> Raspy           | <input type="checkbox"/> Familiar  |
| <input type="checkbox"/> Angry      | <input type="checkbox"/> Deep            | <input type="checkbox"/> Whispered |
| <input type="checkbox"/> Excited    | <input type="checkbox"/> Ragged          | <input type="checkbox"/> Slow      |
| <input type="checkbox"/> Normal     | <input type="checkbox"/> Clearing throat | <input type="checkbox"/> Rapid     |
| <input type="checkbox"/> Distinct   | <input type="checkbox"/> Deep breathing  | <input type="checkbox"/> Soft      |
| <input type="checkbox"/> Slurred    | <input type="checkbox"/> Cracking voice  | <input type="checkbox"/> Loud      |
| <input type="checkbox"/> Nasal      | <input type="checkbox"/> Disguised       | <input type="checkbox"/> Laughter  |
| <input type="checkbox"/> Stuttering | <input type="checkbox"/> Muffled         | <input type="checkbox"/> Crying    |
| <input type="checkbox"/> Lisp       | <input type="checkbox"/> Accent          |                                    |

***Background Sounds***

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Street noises | <input type="checkbox"/> House noises     | <input type="checkbox"/> Static        |
| <input type="checkbox"/> Dishes        | <input type="checkbox"/> Motors           | <input type="checkbox"/> Local         |
| <input type="checkbox"/> Voices        | <input type="checkbox"/> Office Machinery | <input type="checkbox"/> Long distance |
| <input type="checkbox"/> PA system     | <input type="checkbox"/> Animal noises    | <input type="checkbox"/> Phone booth   |
| <input type="checkbox"/> Music         | <input type="checkbox"/> Clear            |  |

***Threat Language***

- |  |                                     |   |
|--|-------------------------------------|---|
| <input type="checkbox"/> Well Spoken   | <input type="checkbox"/> Irrational | <input type="checkbox"/> Taped            |
| <input type="checkbox"/> Inarticulate  | <input type="checkbox"/> Incoherent | <input type="checkbox"/> Sounded scripted |
| <input type="checkbox"/> Foul language |                                     |   |

**Remarks:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## FREQUENTLY CALLED NUMBERS

### EMERGENCY 911

All numbers (including 911) may be reached by dialing (609) 898-xxxx  
 From a cell phone or from any phone outside the base

Administration Office	6337	Public Affairs	6362
ADTRAV	6317	Security	6915
<b>Ambulance</b>	<b>911</b>	SPO	6228
ANT Team	6987	Station Cape May	6996
Barber /Beauty Shop	6939	Substance Abuse	6924
Command Master Chief	6923	Specialist (HSWL)	
CGX Marketplace	6346	Tailor Shop	6906
Chapel	6974	Transportation	6931
Child Development Center	6921	Training Duty Officer	609-374-4388
Clinic (Appointments)	6366	UPH/Barracks	6220
Civil Rights	6919	USCGC CROCODILE	6208
CG Investigative Service	6999	USCGC IBIS	6870
Commanding Officer	6901	USCGC LAWRENCE	6800
CPO Club	6250	LAWSON	
Dental Appointments	6960/6602	USCGC ROLLIN	215-776-5665
Environmental Protection/Safety	6889	FITCH	
EOW (Engineer of Watch)	609-790-1788	USCGC SHEARWATER	6972
Facilities Engineering	6945	VA Clinic (Main Desk)	800-461-8262
Work Order Desk	6945		ext 2851
Family Advocacy	6925	VA Clinic (on-base)	6111
<b>Fire (Emergency)</b>	<b>911</b>	VBST	6482
Firehouse	6950	Ward (Medical)	6964
Garage Shop	6951	Work-Life	6882
GSK	6936		
Gymnasium	6973		
Harborview Club	6937		
Health Benefits Advisor	6966		
Household Goods/GTRs	6931		
Housing Office	6917 or 6918		
Housing Maintenance	609-884-2277		
I.D. Office	6340		
Laundry	6306		
Legal Office	6902		
Lucky Bag	6227		
Mailroom	6218		
Main Gate	6225		
MWR	6922		
Oceanside Club	6935		
OOD (TRACEN)	609-780-1346		
Pharmacy	6748		
Port Services	6952		

### TRACEN EMERGENCY INFORMATION (delayed openings, etc.) 609-898-6700

#### Radio Stations

WCZT	98.7 FM	Villas
WZXL	100.7 FM	Wildwood
WMGM	103.7 FM	Linwood
WAIV	105.5 FM	CMCH
WCMC	1230 AM	Wildwood

#### TRACEN OMBUDSMAN

Mrs. Lacey Milligan  
[ombudsmantracencm@gmail.com](mailto:ombudsmantracencm@gmail.com)

<b>TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY</b>
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<u>LOCATION</u>	<u>DAY(S)</u>	<u>TIMES</u>	<u>PHONE</u>
BARBER SHOP	TUE-FRI:	0800 - 1630	6939
LUCKY BAG (Active Duty) (CG Auxiliary)	THU 2 <sup>nd</sup> & 4 <sup>th</sup> FRI	1000 - 1300 0900 - 1100	6227
MWR OFFICE	MON-FRI	0800 - 1600	6922
POST OFFICE	MON-FRI	1130 - 1300	N/A
TAILOR SHOP	MON, WED - FRI	0900 - 1400	6906
UDC CAPE MAY	Recruits Only as of 3/1/2018		6744
UDC WOODBINE	MON-THURS FRI	0800 - 1430 0800 - 1400	Order Line: 609-861-1221
CGX Marketplace	MON-FRI: SAT: SUN:	0900 - 1730 0900 - 1700 0900 - 1600	6346
GYM	MON-FRI SAT: SUN: HOLIDAYS:	0530 – 2100 0800 – 1800 0800 – 1800 As published	6973
POOL - Open Swim	MON-FRI SAT	1830 – 2030 1230 – 1730	6973
POOL - Lap Swim	MON-THURS MON-FRI	0645 – 0745 1130 – 1300	
POOL	SUN: HOLIDAYS:	Closed As published	

**GUARDIAN OF THE SEA CHAPEL: 6974**

Protestant Service: Sunday 0815

Catholic Mass: Sunday 1000 & Mon – Thurs 1100 - 1130

**GALLEY: 609-898-6235/6934**

**Monday through Saturday**

Breakfast: 0630 - 0745

Lunch: 1130 - 1300

Dinner: 1630 - 1730

**Sunday**

Brunch: 0900 - 1300

Dinner: 1630 - 1730

**HARBORVIEW (All Hands) CLUB: 6937**

**Kitchen:**

Tuesday - Friday 1700 to 2100 & Saturday: 1830 to 2200

Tuesday Sub Day and Wednesday Lunch: 1100 to 1300

Closed Sunday and Monday

**Bar:**

Tuesday - Friday 1630 to 2200 & Saturday 1830 to 2300

Closed Sunday and Monday



<b>TRAINING CENTER CAPE MAY – TELEPHONE DIRECTORY</b>
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ADMIN/TRANSPORTATION  
NOTES/OFFICE HOURS

Our job in the Transportation Office is to help you make an informed decision about your upcoming move. Remember, it normally takes 2 weeks from the day you come in to schedule your move. To schedule a move, we need a signed copy of your Orders. If you are scheduled to transfer this season, help us to provide you with the best service possible this season by taking a few advance steps.

First, DO YOUR HOMEWORK. The Transportation Office has material designed to help you prepare for your move. Take advantage of this material and read it. If you cannot make it into our office, the material is available on the Ft. Dix transportation web site. Do a GOOGLE search for: *JPPSO-NEW JERSEY, FORT DIX*.

Next, if you are going to be TDY or underway, obtain a POWER OF ATTORNEY so that your spouse can schedule your move. A Power of Attorney may be obtained at the TRACEN Legal Office.

Finally, be pro-active. When you are notified of your Orders, complete your departing PCS worksheet so that your Orders may be processed in a timely manner and the scheduling process for your move can begin. Remember, if you need to schedule flights or the Alaska-Marine Highway (Ferry), you need to schedule early to ensure passage and for better rates.

**ADTRAV: 6317**

MONDAY - THURSDAY	0730-1130	1230-1600
FRIDAY	0700-1130	1230-1530

**TRANSPORTATION/HOUSEHOLD GOODS: 6330/6931**

MONDAY	0700-1130	1230-1700
TUESDAY	0700-1130	<i>RECRUIT PPM (1430-1630 or finished)</i>
WEDNESDAY	<i>ADMIN</i>	<i>RECRUIT GBLs (1330-1530 or finished)</i>
THURSDAY	0700-1130	1230-1700
FRIDAY	0700-1130	1230-1600

**ADMIN – ID CARDS: 6337**

MONDAY	-	1300-1500
TUESDAY	-	-
WEDNESDAY	-	-
THURSDAY	0800-1130	1300-1530
FRIDAY	0930-1130	-