

ETHERIDGE HALL DINING FACILITY MENU WEEK 3

Dining Facility Menu Week of September 30th through October 6th

Hours of Operation: Breakfast 0630 to 0745 / Lunch 1130 to 1300 / Dinner 1630 to 1730

PLEASE SHOW YOUR CAC/ID CARD FOR PROPER PROCESSING

	<u>BREAKFAST \$2.85/ \$4.85</u>	<u>LUNCH \$5.70 / \$9.70</u>	<u>DINNER \$5.70 / \$9.70</u>
MONDAY	Cream Of Wheat	Chicken Florentine Soup	Chicken Florentine Soup
	French Toast Stick	*Cuban Spiced Pork Loin	*Baked Chicken Breast w/ Pizzaiola sauce
	Scrambled Eggs	Coconut Curry Chicken Thigh	Brown Sugar Glazed Ham
	Hard Boiled Eggs	Coconut Rice	Corn Bread
	Hash Brown Patty	Baked Sweet Potato	Sweet Mashed Potatoes
	Chicken Sausage Patty	Black Beans	Fried Okra
	Bacon	Sliced Carrots	Braised Kale
	Sausage Gravy	Vegetable Spring Roll	Corn Dog
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TUESDAY	Caramel Apple Oatmeal	Creamy Taco Soup	Creamy Taco Soup
	Pancakes	*Baked Tilapia Taco	*Balsamic Glazes Pork Loin
	Scrambled Eggs	Beef Fajita w/ Peppers & Onions	French Onion Chicken Breast
	Hard Boiled Eggs	Patatas Bravas	Pierogies
	Diced Breakfast Potatoes	Steamed Yellow Rice	Mushroom & Pea Quinoa
	Pork Sausage Links	Roasted Cauliflower	Honey Glazed Baby Carrots
	Canadian Bacon	Chipotle Lime Brussels Sprouts	Green Beans
	Veggie & Cheese Scrambled	Chicken Cutlet Sandwich	Egg Salad Sandwich
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WEDNESDAY	Grits	Italian Wedding Soup	Italian Wedding Soup
	Waffles	* Roast Pork Loin	*Roast Turkey Breast w/ Gravy
	Scrambled Eggs	Bang Bang Chicken Chunks	Sloppy Joe
	Hard Boiled Eggs	Diced Potatoes	Tater Tots
	Shredded Hash Browns	Mac & Cheese	Steamed Brown Rice
	Pork Roll	Sauteed Apples w/ Cranberries	Oven Roasted Broccoli
	Turkey Bacon	Peas & carrots	Corn on the Cobb
	Bacon Gravy	Turkey Burger	Chicken Nuggets
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THURSDAY	Peaches & Cream Oatmeal	French Onion Soup	French Onion Soup
	Fruit Stuffed Pancakes	*Breaded Shrimp	*Hoisin Baked Chicken Thigh
	Scrambled Eggs	Sirloin Steak	Char Siu Pork Loin
	Hard Boiled Eggs	Focaccia Bread	Steamed Wild Rice
	Sliced O'Brien Potatoes	Potato Wedges	Lo Mein
	Turkey Sausage Links	Roasted Asparagus	Snap Peas
	Ham Steak	Creamed Corn	Ginger Sliced Carrots
	Corned Beef Hash	Hot Dog On A Bun	Grilled Cheese

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FRIDAY	Cream Of Wheat	New England Clam Chowder	New England Clam Chowder
	Cinnamon French Toast Sticks	*Lemon Thyme Baked Pollock	*Broiled Pongo w/ Pineapple Salsa
	Scrambled Eggs	Fried Chicken Tenders	Turkey Meatloaf
	Hard Boiled Eggs	Penne w/ Rosa Sauce	Steamed Quinoa
	Crispy Cubes	Baked sweet Potato	Mashed Potatoes w/ Gravy
	Pork Sausage Link	Steamed Cauliflower	Sauteed Broccoli Rabe
	Turkey Sausage Patty	Green Beans	Roasted Corn
	Biscuits & Gravy Casserole	Soft Pretzel	Southwest Chicken Roll
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SATURDAY	Grits	Tomato Florentine	Tomato Florentine
	Chocolate Chip Waffles	* Baked Chicken Thigh	*Grilled Chicken Breast w/ Black Bean Sauce
	Scrambled Eggs	Apple BBQ Country Pork Ribs	Sliced Roast Beef w/ Gravy
	Hard Boiled Eggs	Curley Fries	Steamed Herb Quinoa
	Diced Potatoes	Wild Rice	Baked Mac & Cheese
	Pork Patties	Broccoli w/ Roasted Peppers	Sauteed Zucchini
	Canadian Bacon	Glazed Baby Carrots	Steamed Peas
	Spinach & Tomato Scramble	Tuna Salad Sandwich	Cheese Pizza Square
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SUNDAY	Oatmeal	Chicken Corn Chowder	Chicken Corn Chowder
	Pancakes	*Roasted Pork Loin w/ Peanut Sauce	*Sliced Turkey Breast
	Scrambled Eggs	Meatballs Marinara	Beef & Bean Chili
	Hard Boiled Eggs	New Potatoes	Yellow Rice
	Hash Brown Bites	Gnocchi Marinara	Potatoes Salad
	Turkey Bacon	Balsamic Glazed Brussel Sprouts	Steamed Green Beans
	Sausage Pork Links	Roasted Cauliflower	Creamed Spinach
	Creamed Chipped Beef	Crispy Chicken Sandwich	Cheese Quesadilla