

ETHERIDGE HALL DINING FACILITY MENU WEEK 1

Dining Facility Menu Week of September 16th through September 22nd

Hours of Operation: Breakfast 0630 to 0745 / Lunch 1130 to 1300 / Dinner 1630 to 1730

PLEASE SHOW YOUR CAC/ID CARD FOR PROPER PROCESSING

	<u>BREAKFAST \$2.85/ \$4.85</u>	<u>LUNCH \$5.70 / \$9.70</u>	<u>DINNER \$5.70 / \$9.70</u>
MONDAY	Cream of Wheat	Potato & Cheddar Soup	Potato & Cheddar Soup
	French Toast Sticks	*Blackened Pork Chop	*Marinated Baked Chicken Breast w/ Pesto Sauce
	Scrambled Eggs	BBQ Chicken Thigh	Meatballs in Marinara
	Hard Boiled Eggs	Potato Salad	Linguine Garlic & Oil
	Hash Brown Patty	Steamed Barley	Baked Potato
	Bacon	Broccoli	Roasted Cauliflower
	Chicken Sausage Patty	Sauteed Cabbage	Steamed Corn
	Sausage Gravy	Soft Pretzel	Chicken Salad Sandwich
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TUESDAY	Brown Sugar Cinnamon Oatmeal	Enchilada Soup	Enchilada Soup
	Pancakes	*Grilled Chicken Strip Taco	*Chicken & Broccoli
	Scrambled Eggs	Ground Beef Taco	Tropical Tilapia
	Hard Boiled Eggs	Steamed Yellow Rice	Vegetable Orzo
	Diced Breakfast Potatoes	Adobo Seasoned Steak Fries	Baked Sweet Potato
	Pork Sausage Link	Mexican Street Corn	Buttered Baby Carrots
	Canadian Bacon	Seasoned Black Beans	Steamed Broccoli
	Veggie & Cheese Scrambled	Cheeseburger on Bun	Chicken Fingers
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WEDNESDAY	Grits	Cheeseburger Soup	Cheeseburger Soup
	French Toast Sticks	*Baked Pangasius Piccata	*Sweet Chili Pork Loin
	Scrambled Eggs	Pepper Steak	Buffalo Chicken Thigh
	Hard Boiled Eggs	Steamed Brown Rice	Pierogis w/Sauteed Onions
	Shredded Hash Browns	Roasted Diced Potatoes	Egg Noodles
	Pork Roll	Green Beans Garlic & Oil	Roasted Mushrooms
	Turkey Bacon	Steamed Cauliflower	Steamed Peas
	Bacon Gravy	Chicken Nuggets	Beef & Bean Burrito
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THURSDAY	Peaches & Cream Oatmeal	Chicken Barley Soup	Chicken Barley Soup
	Waffles	*Shrimp Fra Diavlo	*Herb Roasted Pork Loin
	Scrambled Eggs	Filet Mignon	BBQ Beef Strips
	Hard Boiled Eggs	Mashed Potatoes / Gravy	Roasted Red Skin Potatoes
	Sliced Potatoes w/Onions	Steamed Wild Rice	Garlic Herb Quinoa
	Turkey Sausage	Sauteed Brussel Sprouts	Fried Green Beans
	Ham Steak	Roasted Asparagus	Roasted Zucchini
	Western Scramble	Corn Dog	Fried Fish Sticks

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FRIDAY	Cream Of Wheat	Manhattan Clam Chowder	Manhattan Clam Chowder
	Apple Stuffed Pancakes	*Lemon Herb Shrimp	*Grilled Chicken Breast w/ Bruschetta
	Scrambled Eggs	Chicken Breast w/Hunter Sauce	BBQ Pulled Pork
	Hard Boiled Eggs	Steamed Jasmine Rice	New Potatoes
	Crispy Cubes	Grits	Baked Beans
	Pork Sausage Links	Green Beans Almandine	Sauteed Spinach
	Turkey Sausage Patties	Roasted Broccoli Florets	Succotash
	Biscuits & Gravy Casserole	Riblet Sandwich	Fried Beer Battered Cod
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SATURDAY	Cheese Grits	Tomato & Rice Soup	Tomato & Rice Soup
	Chocolate Chip Waffles	*Baked Pork Chop	*Grilled Chicken Breast w/Chimichurri
	Scrambled Eggs	Roasted Turkey Breast	Turkey Chili
	Hard Boiled Eggs	Stuffing	Long Grain Rice
	Diced Potatoes	Mashed Sweet Potatoes	Dill Potato Salad
	Pork Sausage Patties	Honey Glazed Baby Carrots	Sauteed Zucchini
	Canadian Bacon	Roasted Beets	Roasted Cauliflower
	Salsa & Cheese Scramble	Pizza Quesadilla	Beef Tornados
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SUNDAY	Maple Apple Oatmeal	Pasta Fagioli Soup	Pasta Fagioli Soup
	Pancakes	*Lemon Pepper Ponga	*Five Spice Pork Loin
	Scrambled Eggs	Bang Bang Chicken Thighs	Sweet & Sour Chicken
	Hard Boiled Eggs	Scalloped Potatoes	Steamed White Rice
	Hash Brown Bites	Steamed Quinoa	Vegetable Lo Mein
	Turkey Bacon	Roasted Green Beans	Broccoli Garlic & Oil
	Pork Sausage Link	Peas & Carrots	Oriental Blend
	Creamed Chipped Beef	Cheeseburger on a Bun	Chicken Tenders

*4oz Healthy Choice