



ETHERIDGE HALL DINING FACILITY MENU WEEK 3
Dining Facility Menu Week of October 8th through October 14th



Hours of Operation: Breakfast 0630 to 0745, Lunch 1130 to 1300, Dinner 1630 to 1730

	<u>BREAKFAST \$3.45 / \$2.60</u>	<u>LUNCH \$4.65 / \$7.70</u>	<u>DINNER \$4.65 / \$7.70</u>
MONDAY	Farina Multi-Grain Pancakes Scrambled Eggs Hard Boiled Eggs Tater Tots Pork Sausage Patty Corned Beef Hash	Moroccan Carrot & Ginger Soup *Bang Bang Chicken Thigh Vegetable Stuffed Peppers Spanish Rice Roasted Red Potatoes Steamed Yellow Squash Sautéed Green Beans Steamed California Veg Blend Chicken Tenders	Moroccan Carrot & Ginger Soup *Buffalo Beef Bites Oven Baked Ranch Chicken Legs Noodles Jefferson Sweet Potato Fries Roasted Beets Cheesy Cauliflower Steamed Capri Veg Blend Bacon & Egg Salad Sandwich
TUESDAY	Pina Colada Oatmeal French Toast Sticks Scrambled Eggs Hard Boiled Eggs O'Brien Potatoes Scrapple Bacon Gravy w/ Biscuits	Chicken & Wild Rice Soup *Blackened Turkey Cutlet Chipotle Lime Fish Tacos Mashed Potatoes w/ Turkey Gravy Hush Puppies Buttered Baby Lima Beans Steamed Caribbean Veg Blend Fried Southern Cabbage Beef Tornado	Chicken & Wild Rice Soup *Shredded Spiced Beef Grilled Caribbean Pork Chops Steamed Confetti Rice Caribbean Potato Salad Roasted Broccoli Steamed Prince Edward Vegetables Collards w/Sweet Onions Burrito
WEDNESDAY	Farina Turkey Link in a Pancake Scrambled Eggs Hard Boiled Eggs Hash Brown Patty Turkey Sausage Links Corned Beef Hash Spanish Scrambled Wrap	Spicy Summer Corn Soup *Spicy Hawaiian Flatbread Pizza Pork Bolognese Cheesy Garlic Toast Penne Steamed Zucchini Steamed Tuscany Veg Blend Sautéed Glazed Carrot Riblet Sandwich	Spicy Summer Corn Soup Cheesy Taco Pasta Cheeseburger on a Bun Old Bay Fries Potato Salad Stewed Tomatoes Steamed Corn on the Cob Steamed Normandy Vegetables Corn Dog
THURSDAY	Cheesy Grits French Toast Sticks Scrambled Eggs Hard Boiled Eggs Risque Potatoes Bacon Creamed Beef on Toast	Loaded Baked Potato Soup Rib Eye Steak *Scallops w/Lemon Butter Fettuccini Alfredo Scalloped Potatoes Sautéed Asparagus Steamed Italian Vegetables Steamed White Corn Honey Mustard Chicken Salad	Loaded Potato Soup Honey Orange Beef *Garlic Chicken Stir Fry Fried Quinoa LoMein Noodles Sautéed Oriental Blend Steamed Snap Peas Green Bean Almondine Spring Rolls



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FRIDAY

Raspberry Lemonade Oatmeal
Multi-Grain Waffle
Scrambled Eggs
Hard Boiled Eggs
Shredded Hash Browns
Grilled Pork Roll
Mushroom & Cheese Scramble
Sausage Gravy w/ Biscuits

New England Clam Chowder
*Lemon Butter Dill Flounder
Peach Mustard Glazed Pork Chop
Steamed Jasmine Rice
Roasted Sweet Potatoes
Steamed Tri Color Cauliflower
Fried Okra
Steamed Yellow Squash
Quesadilla

New England Clam Chowder
*Salisbury Steak w/ Mushroom Gravy
Beer Batter Fish
Steak Fries
Macaroni Salad
Roasted Brussel Sprouts
Steamed Key West Veg Blend
Steamed Corn
Tuna Salad w/Apples

SATURDAY

Plan Grits
Egg, Ham & Cheese Wrap
Scrambled Eggs
Hard Boiled Eggs
Tater Tots
Pork Sausage Links
Corned Beef Hash

Tomato Soup
*Ham & Cheese Stuffed Chicken Breast
French Dip on Club
Onion Rings
Mashed Potatoes w/Beef Gravy
Buttered Succotash
Steamed Malibu Veg Blend
Sautéed Zucchini
Grilled Cheese Sandwich

Tomato Soup
*Quinoa Nacho's
Chicken Fajitas
Refried Beans
Steamed Brown Rice
Oven Roasted Plantains
Steamed Edamame
Steamed Caribbean Veg Blend
Turkey Hot Dog on a Bun

SUNDAY BRUNCH 9:00 to 1:00 \$4.65 / \$7.70

SUNDAY

Buttermilk Pancakes
Waffles to Order
French Toast
Cheesy Grits
Baked Oatmeal
Sausage Links
Crispy Bacon
Breakfast Burrito
Ham & Egg Cups (Frittata)
Egg's Collsons (Benedict)

Roast Pork/Roast Beef
Oven Roasted Turkey/Ham
Sausage Gravy
Chipped Beef
Blintz w/ Cheese
Fruit Toppings
Pasta Bar
Steamed Mixed Vegetables
Soup of the Day
Eggs to Order

Provençal Vegetable Soup
*Citrus Glazed Ham
Beef Barbacoa
Steamed Yellow Rice
Pineapple Souffle
Steamed Peas & Carrots
Steamed Wax Beans
Roasted Broccoli/Cauliflower Blend
Turkey Cranberry Apple Salad
*Denotes Heathy Choice 4oz