

ETHERIDGE HALL DINING FACILITY MENU WEEK 1

Dining Facility Menu Week of July 19th through July 25th

Hours of Operation: Breakfast 0630 to 0745 / Lunch 1130 to 1300 / Dinner 1630 to 1730

PLEASE SHOW YOUR CAC/ID CARD FOR PROPER PROCESSING

	<u>BREAKFAST \$2.55 / \$4.10</u>	<u>LUNCH \$4.65 / \$7.70</u>	<u>DINNER \$4.65 / \$7.70</u>
MONDAY	Cream of Wheat	Chicken Corn Chowder	Chicken Corn Chowder
	Texas French Toast	*Chicken Parm Thigh	*BBQ Pork Loin
	Scrambled Eggs	Meatballs w/ Marinara	Beef Smoked Roast
	Hard Boiled Eggs	Penne W/ Summer Vegetables	Mac & Cheese
	Shredded Hash Browns	Herbed Couscous	Potato Salad w/ Eggs
	Bacon	Broccoli Rabe	Roasted Cauliflower
	Chicken Sausage Patty	Peas And Pearl Onions	Corn on the Cob
	Sausage Gravy	Tuna Salad Sandwich	Hot Dog
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TUESDAY	Caramel Apple Oatmeal	Ham Bean & Barley Soup	Ham Bean & Barley Soup
	Pancakes	*Pulled Chicken Taco	Crispy Fish w/ Pico
	Scrambled Eggs	Ground Beef Taco	*Roast Pork Cubes (Pernil)
	Hard Boiled Eggs	Pigeon Pea Rice	Yellow Rice
	Diced Breakfast Potatoes	Spanish Potatoes	Spiced Black Beans
	Pork Sausage Link	Mexican Street Corn	Spiced Baby Carrots
	Canadian Bacon	Roasted Plantains	Steamed Broccoli
	Veggie & Cheese Scrambled	Cheese Burger on Bun	Chicken Patty on Bun
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WEDNESDAY	Grits	Chicken & Okra Gumbo	Chicken & Okra Gumbo
	Cinna/Swirl French Toast	*Rosemary Chicken Thigh	Kielbasa Bites (Mustard Sauce)
	Scrambled Eggs	Sausage Peppers & Onions	*Chicken Paprikash
	Hard Boiled Eggs	Linguini Garlic & Oil	Pierogis w/Sauteed Onions
	Hash Brown Patty	Mushroom Barley	Buttered Egg Noodles
	Pork Roll	Sauteed Green Beans	Sauerkraut w/ Caraway Seeds
	Turkey Bacon	Peas & Carrots	Sliced Honey Glazed Carrots
	Bacon Gravy	Fishwich on a Bun	Meatball Sub
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THURSDAY	Baked Oatmeal	Stracciatella Soup	Stracciatella Soup
	Waffles	Sirloin Steak	*Chicken Cor Don Blue
	Scrambled Eggs	*Shrimp Fra Diavlo	Roasted Pork Loin
	Hard Boiled Eggs	Mashed Potatoes / Country Gravy	Smashed Red Potatoes
	Sliced O'Brien Potatoes	Steamed White Rice	Sweet Potato Fries
	Turkey Sausage	Sauteed Broccoli	Fried Green Beans
	Ham Steak	Buttered Wax Beans	Sauteed Zucchini
	Corned Beef Hash	Corn Dog Bites	Fish Sticks

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FRIDAY	Cream Of Wheat	Summer Corn, Shrimp & Potato Soup	Summer Corn, Shrimp & Potato Soup
	Chocolate Chip Waffle	*Ponga w/ Lemon Butter Sauce	*Blackened Chicken Legs
	Scrambled Eggs	Chicken Breast w/Hunter Sauce	BBQ Pork Sandwich
	Hard Boiled Eggs	Buttered Noodles	Roasted Red Potatoes
	Crispy Cubes	Steak Fries	Creole Rice
	Bacon	Green Beans Almandine	Black Beans
	Turkey Sausage Patty's	Roasted Broccoli Florets	Succotash
	Biscuits & Gravy Casserole	Cheese Pizza	Vegetable Spring Rolls
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SATURDAY	Grits	Summer Minestrone	Summer Minestrone
	Blintz w/ Fruit Topping	*Swedish Meatballs	*Stuffed Cabbage
	Scrambled Eggs	Roast Beef Cubes w/ Gravy	Grilled Chicken Breast
	Hard Boiled Eggs	Wild Rice	Pierogis
	Diced Potatoes	Baked Sweet Potatoes	Dill Potato Salad
	Pork Sausage Links	Honey Glazed Baby Carrots	Roasted Mushrooms
	Canadian Bacon	Roasted Beets	Sauteed Cauliflower
	Salsa & Cheese Scramble	Hot Dog On Bun	Beef Tornados
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SUNDAY	Oatmeal	Chicken Noodle Soup	Chicken Noodle Soup
	Pancakes	Maple Glazed Ham	*Mongolian Beef
	Scrambled Eggs	*Bang Bang Chicken Thighs	Sweet & Sour Chicken
	Hard Boiled Eggs	Scalloped Potatoes	Fried Rice
	Hash Brown Bites	Rice Pilaf	Singapore Street Noodles
	Bacon	Roasted Green Beans	Broccoli Garlic & Oil
	Sausage Patty	Peas & Carrots	Oriental Blend
	Creamed Chipped Beef	Cheeseburger	Chicken Tenders

*4oz Healthy Choice