

ETHERIDGE HALL DINING FACILITY MENU WEEK 1

Dining Facility Menu Week of July 4th through July 10th

Hours of Operation: Breakfast 0630 to 0745 / Lunch 1130 to 1300 / Dinner 1630 to 1730

PLEASE SHOW YOUR CAC/ID CARD FOR PROPER PROCESSING

	<u>BREAKFAST \$2.55 / \$4.10</u>	<u>LUNCH \$4.65 / \$7.70</u>	<u>DINNER \$4.65 / \$7.70</u>
MONDAY	Cream of Wheat	Mushroom Beef Barley Soup	Mushroom Beef Barley Soup
	Cinnamon French Toast Sticks	*Chicken Parm Thigh	*Beef Stew w/ Vegetables
	Scrambled Eggs	Meatballs w/ Marinara	Roasted Turkey Cutlets w/ Gravy
	Hard Boiled Eggs	Penne w/ Garlic & Oil	Mac & Cheese
	Shredded Hash Browns	Butternut Squash Cous Cousins	Steak Fries
	Bacon	Broccoli	Roasted Cauliflower
	Chicken Sausage Patty	Peas And Pearl Onions	Corn on the Cob
	Sausage Gravy	Tuna Salad Sandwich	Hot Dog
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TUESDAY	Brown Sugar Cinnamon Oatmeal	Enchilada Soup	Enchilada Soup
	Pancakes	*Pulled Chicken Taco	Crispy Fish w/ Pico
	Scrambled Eggs	Ground Beef Taco	*Pork Stew w/ Root Vegetables
	Hard Boiled Eggs	Pigeon Pea Rice	Yellow Rice
	Diced Breakfast Potatoes	Adobo Seasoned Steak Fries	Spiced Black Beans
	Pork Sausage Link	Mexican Street Corn	Spiced Baby Carrots
	Canadian Bacon	Roasted Plantains	Steamed Broccoli
	Veggie & Cheese Scrambled	Cheese Burger on Bun	Chicken Fingers
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WEDNESDAY	Grits	Loaded Potato Soup	Loaded Potato Soup
	French Toast Sticks	*Rosemary Chicken Leg	Kielbasa Bites (Mustard Sauce)
	Scrambled Eggs	Sausage Peppers & Onions	*Chicken Paprikash
	Hard Boiled Eggs	Linguini Garlic & Oil	Pierogis w/Sauteed Onions
	Hash Brown Patty	Mediterranean Barley	Buttered Egg Noodles
	Pork Roll	Sauteed Green Beans	Roasted Mushrooms
	Turkey Bacon	Cauliflower	Sliced Honey Glazed Carrots
	Bacon Gravy	Fishwich on a Bun	Meatball Sub
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THURSDAY	Peaches & Cream Oatmeal	Sausage White Bean Soup	Sausage White Bean Soup
	Waffles	Filet	*Chicken Cor Don Blue
	Scrambled Eggs	*Shrimp Fra Diavlo	Herb Roasted Pork Loin
	Hard Boiled Eggs	Mashed Potatoes w/ Gravy	Roasted Red Potatoes
	Sliced Potatoes w/ Onions	Steamed White Rice	Penne Garlic & Oil
	Turkey Sausage	Sauteed Broccoli	Fried Green Beans
	Ham Steak	Buttered Wax Beans	Sauteed Zucchini
	Western Scramble	Corn Dog Bites	Fish Sticks

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FRIDAY	Cream Of Wheat	Manhattan Clam Chowder	Manhattan Clam Chowder
	Apple Stuffed Pancakes	*Ponga w/ Mustard Cream Sauce	*Blackened Chicken Legs
	Scrambled Eggs	Chicken Breast w/Hunter Sauce	BBQ Pork Sandwich
	Hard Boiled Eggs	Buttered Noodles	New Potatoes
	Crispy Cubes	Steak Fries	Creole Rice
	Bacon	Green Beans Almandine	Black Beans
	Turkey Sausage Patty's	Roasted Broccoli Florets	Succotash
	Biscuits & Gravy Casserole	Cheese Pizza	Chicken Nuggets
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SATURDAY	Cheese Grits	Tomato & Rice Soup	Tomato & Rice Soup
	Chocolate Chip Waffles	*Swedish Meatballs	*Turkey Chili
	Scrambled Eggs	Turkey Meatloaf	Grilled Chicken Breast w/Chimichurri
	Hard Boiled Eggs	Spaghetti w/ Pesto Sauce	Long Grain Rice
	Diced Potatoes	Baked Sweet Potatoes	Dill Potato Salad
	Pork Sausage Links	Honey Glazed Baby Carrots	Sauteed Zucchini
	Canadian Bacon	Roasted Beets	Sauteed Cauliflower
	Salsa & Cheese Scramble	Hot Dog On Bun	Beef Tornados
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SUNDAY	Maple Apple Oatmeal	Pasta Fagioli Soup	Pasta Fagioli Soup
	Pancakes	Maple Glazed Ham	*Mongolian Beef
	Scrambled Eggs	*Bang Bang Chicken Thighs	Sweet & Sour Chicken
	Hard Boiled Eggs	Scalloped Potatoes	Fried Rice
	Hash Brown Bites	Rice Pilaf	Singapore Street Noodles
	Bacon	Roasted Green Beans	Broccoli Garlic & Oil
	Sausage Patty	Peas & Carrots	Oriental Blend
	Creamed Chipped Beef	Cheeseburger	Chicken Tenders

*4oz Healthy Choice