

ETHERIDGE HALL DINING FACILITY MENU WEEK 3

Dining Facility Menu Week of January 11th through January 17th

Hours of Operation: Breakfast 0630 to 0745 / Lunch 1130 to 1300 / Dinner 1630 to 1530

1130-FE / 1150 MEDICAL / 1210 MISSION SUPPORT / 1230 TRAINING

PLEASE SHOW YOUR CAC/ID CARD FOR PROPER PROCESSING

	<u>BREAKFAST \$2.55 / \$4.10</u>	<u>LUNCH \$4.65 / \$7.70</u>	<u>DINNER \$4.65 / \$7.70</u>
MONDAY	Farina	Vegetarian Minestrone Soup	Vegetarian Minestrone Soup
	Multigrain Pancakes	*Bang Bang Chicken Thigh	Lemon Broccoli Pasta
	Scrambled Eggs	Sweet Southern Ham	Sausage & Peppers
	Hard Boiled Eggs	Macaroni and Cheese	Mushroom Herb Barley
	Hash Brown Patties	Baked Whole Sweet Potato	Roasted Rosemary Red Potatoes
	Pork Sausage Patty	Sautéed Mixed Cabbage	Sauteed Broccoli
		Steamed Cauliflower & Carrots	Steamed Zucchini and Squash
		Southwest Chicken Roll	Meatball Sub on a Steak Roll
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TUESDAY	Caramel Apple Oatmeal	Ham & Bean Soup	Ham and Bean Soup
	Multigrain Waffles	*Carne Asada	Jamaican Me Crazy Chili
	Scrambled Eggs	Fish Taco's	Pineapple Glazed Chicken Legs
	Hard Boiled Eggs	Grits	Rice and Beans
	Shredded Hash Browns	Steak Fries w/Adobo Lime,Cilantro	Corn Muffin
	Grilled Ham Steak	Sautéed Green Beans	Roasted Plantains
	Bacon Gravy w/Biscuits	Steamed Peas and Carrots	Sauteed Green beans w/Onions
		Tarragon Turkey Salad	Burrito
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WEDNESDAY	Farina	Buffalo Chicken Chowder	Buffalo Chicken Chowder
	French Toast	*Chipotle Chicken Carnitas Nachos	Garlic & Herb Turkey Breast
	Scrambled Eggs	BBQ Pork, Caramelized Onion Sandwich	Hot Dog and Baked Beans
	Hard Boiled Eggs	Yellow Rice	Macaroni and Cheese
	Tater Tots	Sweet Potato Fries	French Fries
	Turkey Sausage Links	Sauteed Zucchini w/ Garlic	Corn on the Cob
	Breakfast Nacho's	Corn w/ Onions and Peppers	Broccoli and Carrots
	Corned Beef Hash	Corn Dog	Chesseburger w/Bun
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THURSDAY	Cheesy Grits	Indian Lentil Soup	Indian Lentil Soup
FE 1130-1150	Cheese Blintz	*French Onion Chicken Breast	Chicken Tikka Masala
HSWL 1150-1210	Scrambled Eggs	Rib Eye Steak	Spicy Beef Vindaloo
MS 1210-1230	Hard Boiled Eggs	Scalloped Potatoes	Jasmin Rice
TRAIN 1230-1250	Seasoned Diced Potatoes	Fettuccini Alfredo	Bombay Potatoes
OTHERS 1250	Bacon	Sauteed Asparagus	Honey Ginger Baby Carrots
	Creamed Chip Beef on Toast	Buttered Carrots	Parm Roasted Cauliflower
		Honey Mustard Chicken Salad	Spring Rolls

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FRIDAY	Maple Brown Sugar Oatmeal	Boston Clam Chowder	Boston Clam Chowder
	Pancake on a Stick	*Brazilian Salmon	Salisbury Steak w/Mushroom Gravy
	Scrambled Eggs	Sonoma Grilled Chicken Breast	Beer Batter Fish
	Hard Boiled Eggs	Steamed Brown Rice Pilaf	Steak Fries
	Hash Brown Patty	Roasted Sweet Potatoes	Twice Baked Potato
	Grilled Pork Roll	Steamed Cauliflower	Oven Roasted Broccoli
	Biscuits & Gravy Casserole	Steamed Succotash	Steamed Corn
		Tuna Salad w/ Apples	Quesadillas
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SATURDAY	Grits	Tomato Soup	Tomato Soup
	Waffles	*Pepper Steak Bites	Veggie Ranch Pizza
	Scrambled Eggs	Pizza Chicken Cheesesteaks	BBQ Pork Cubes
	Hard Boiled Eggs	Onion Rings	Cous Cous w/Apples & Craisins
	Tater Tots	Mashed Potatoes w/ Gravy	Cheddar Bacon Ranch Potato Salad
	Pork Sausage Links	Buttered Succotash	Roasted Cauliflower
	Corned Beef Hash	Broccoli & Green Beans	Peas and Pearl Onions
	Ham, Egg & Cheese Frittata	Grilled Cheese	Chicken Tender
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SUNDAY	Baked Oatmeal	Taco Soup	Taco Soup
	French Toast Sticks	*Herbed Roasted Turkey	Pineapple Teriyaki Ham
	Scrambled Eggs	Stuffed Shells	Honey Orange Beef
	Hard Boiled Eggs	Focaccia Bread	Fried Rice
	O'Brien Diced Potatoes	Savory Stuffing	Lomein Noodles
	Crispy Bacon	Steamed Spinach	Sauteed Oriental Blend
	Breakfast Burrito	Sauteed Green & Wax Beans	Steamed Snap Peas
	Sausage Gravy w/ Toast	Italian Sausage on a Club Roll	Turkey Cheeseburger w/Bun